



milk life



Proud Sponsor

Gabby DeLoof
Team USA, swimming

- **Claim to fame:** Five-time Big Ten champion; five-time NCAA All-American; winner of five gold medals (including breaking the record of the 4x100-meter freestyle relay) at the 2019 World University Games; silver medalist at the 2019 World Championships in the 4x200 freestyle relay.
- **Birthplace:** Findlay, Ohio
- **Hometown:** Grosse Pointe, Michigan
- **Birthday:** March 13, 1996
- **Gabby on fueling up with milk:** Milk was a huge part of my life growing up. I see my body as my engine, and I have to fuel it properly to do my best – milk helps me do that!
- **Fun Facts:**
 - Gabby has three sisters, all of whom swim competitively. She and her sister, Catie, were on the relay team that set a meet record in the 4x100 freestyle at the 2019 World University Games
- **Social Media:**
 - Twitter: [@gmdeloof](#)
 - Instagram: [@gdeloof](#)

BIO:

Gabby DeLoof grew up in Grosse Pointe, Michigan. She started swimming when she was seven years old, after seeing how much fun her older sister, Ali, was having on the swim team. Gabby's parents thought swimming was a great sport for their four children, so Ali, Gabby and two younger sisters, Catie and Jackie, all swim competitively. Gabby was recruited as a backstroke specialist to the University of Michigan, where she graduated with her Bachelor of Arts degree in Sports Management in December 2018. Gabby, who lives and trains in San Diego, now focuses on the 100- and 200-meter freestyle. Gabby participated in the 2016 U.S. Olympic Team Trials and is a 2020 Olympic hopeful.

AWARDS & ACCOLADES:

- Five-time gold medalist at 2019 World University Games, including breaking the record of the 4x100 freestyle relay
- 2019 World Championships silver medalist in the 4x200 freestyle relay
- Five-time Big Ten champion
- Five-time NCAA All-American
- University of Michigan swim team captain
- 2018 Pan Pacific Championships qualifier